



WET GAZETTE



Department of Homeland Security
USCG Auxiliary
Flotilla 11-10
Dunedin, Florida

Rob Bonnem, Commander
Gordon Thomas, Vice Commander
Kristi Mackey, Immediate Past Commander
Ron Shebanek, Publications Officer

Alert

Commander's Corner



Shipmates, with the appointment of Chelsea Miller, our new Flotilla Staff Officer Public Affairs (FSO-PA), along with Kristi Mackey, Flotilla Staff Officer Human Resources (FSO-HR), our public and fellowship events are now rolling. We continue with Buddy's ROMEO lunch at Umbertos in Dunedin (first Friday of the month). It's a non-uniform casual lunch and a great time. If you have never attended one, please try it out, you won't regret it.

Saturday, 6 August we are restarting our Flotilla 11-10 island clean up/picnic. This is a non uniform fellowship event that also encompasses a marine safety aspect. We have four vessels (from flotilla members) taking members and their guests to our "spoil island". We will clean up the island and then picnic. Please bring the food and drinks of your preference. After lunch, we return to the various launch areas with the collected trash. This event is always a great time. An email with details went out on 27 July.

On Sunday, 7 August we will once again participate in the Dunedin Purple Heart Ceremony. For this event, the uniform is Tropical Blues. We normally meet at our Dunedin classroom around 5:15 and walk to the park. It's a wonderful and sobering event and we usually have 8-10 members attend. Look for an email closer to the event.

On the calendar now is a restart of our flotilla game night. This is another non-uniform, casual event that is held at the classroom. Members get together and bring a game they like and play. Family members are welcome as well. It's a lot of fun and very casual. Our next game night is scheduled for Sunday, 21 August. Look for an email closer to the event.

Chelsea, FSO-PA, found a new event for our participation, on 5 October. It's the National Night Out sponsored by the Pinellas Sheriff's Department. It will be an Operational Dress Uniform (ODU) event, we will have our pop up tent and discuss boating safety, hand out literature and chat up the public. It's from 6 to 8 PM. Look for an email closer to the event.

We are planning a kayak day at Warner Boyce park when it cools down a bit. We follow up the kayaking with lunch at Skinny's in Holiday. Once we firm up a date I will let you know.

Two events later in the year are the Palm Harbor Touch a Truck and the Dunedin Holiday Parade. Both events are ODU with boots and we will have a Coast Guard boat with some of the Gold Side attending. These events are always a blast. Dates are 5 November for Touch a Truck and 11 December for the Holiday parade. As these two events get confirmed we will be sure to let you know.

Mark down the dates and get ready for some fun! Thanks to Chelsea Miller for getting us back rolling.

Robert Bonnem
Flotilla Commander 11-10



Pre-pandemic events, all photos by Walter Murray. Top two photos from Dunedin Touch-a-Truck 2019. Bottom photos from Dunedin Holiday Parade 2019. Bottom right Rob Bonnem and Ron Shebanek.



DEHYDRATION

SYMPTOMS & PREVENTION



SIGNS & SYMPTOMS OF DEHYDRATION

- ▶ Thirst
- ▶ Fatigue
- ▶ Headache
- ▶ Dry mouth
- ▶ Weakness
- ▶ Muscle aches
- ▶ Dizziness
- ▶ Nausea
- ▶ Dry skin



Thirst



Dizziness



Fatigue



Dry Mouth



Nausea



TIPS FOR PREVENTION

- ▶ Drink plenty of water
- ▶ Stop activity and rest in the shade or a cool indoor space
- ▶ Bathe in cool water



Bathe in cool water



Rest in the shade



Drink plenty of water